

What Does This Guy Know That You Don't Know?

written by Eugene L. Heyden, RN. | September 17, 2022

What Does This Guy Know About Crohn's That You Don't Know?

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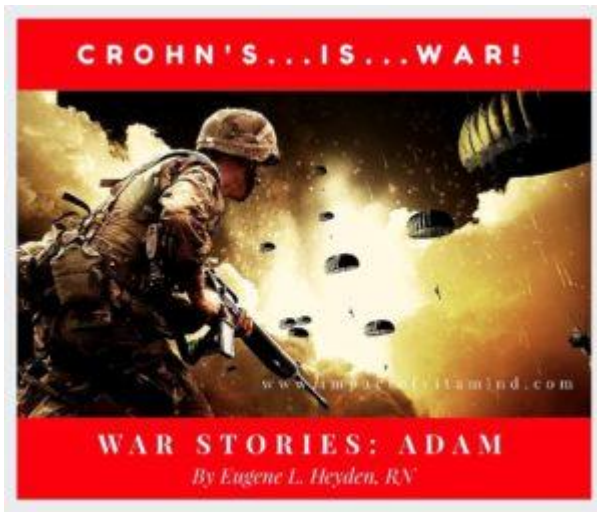


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What does Adam know that you don't know? It may be what remission from Crohn's feels like. And if you were to ask him, he would say it feels "Great!" It feels so great, in fact, he would like to tell you his story. Particularly impressive, is that his remission has lasted now for 14 years. You might want to listen.

I have told his story in the past, in this post:



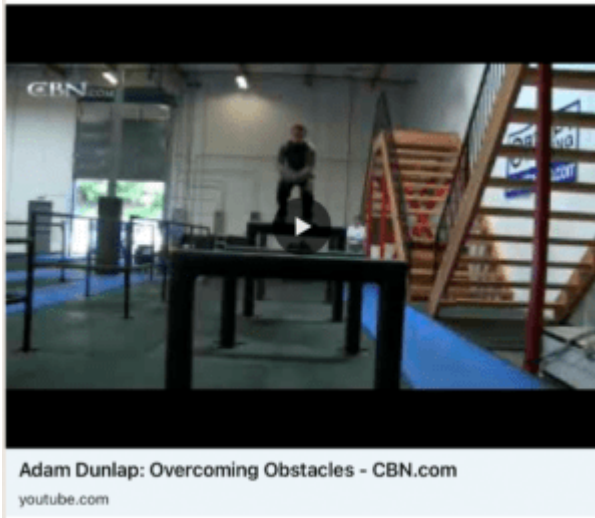
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Sure, you can take my word for it (and you should), but there is nothing like hearing it from the source. In the presentation, Adam tells the story of how he struggled with Crohn's, and how it all turned around by following **The Makers Diet**. You may not believe diet has much to offer the Crohn's patient, but then you would be wrong. Many are the reports of remission from Crohn's by diet therapy, and when medications were not fulfilling their promise. You can read the stories of others by clicking on the images below. But first, listen to the podcast.



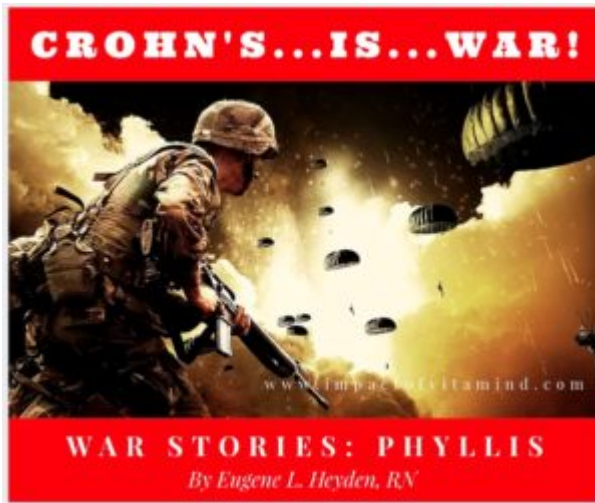
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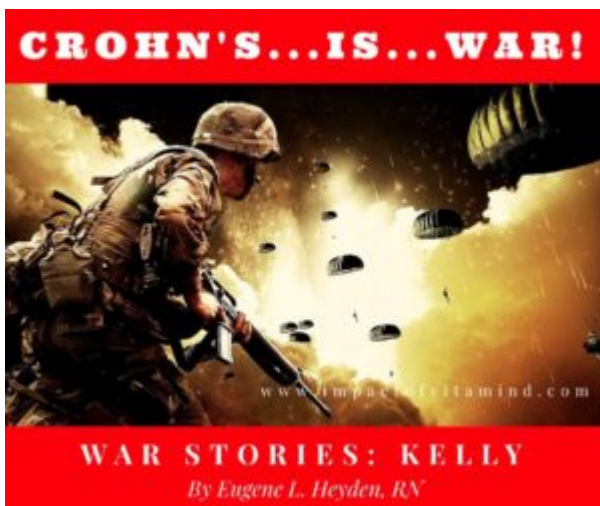
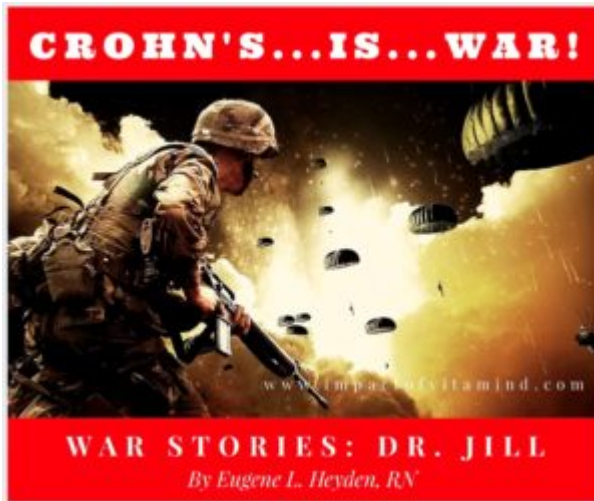
Adam's story is also told in a YouTube in the following video-and you can see him in action, doing what he loves to do. Curious? Watch the video.



As a footnote: If you would like to learn more about this most impressive gentleman (and talented actor), you can get better acquainted with him by visiting his website. [Adam Dunlap | SAG-AFTRA Actor.](#)

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